

May 2023



AFGC Avenues and Adventures

Arkansas Federation of Garden Clubs, Inc.



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Greetings from our AFGC President, 2023-2025



Spring has sprung. The spring conventions began with the AFGC conference in Hot Springs, next came SCR in Oklahoma City, Oklahoma, and finally, in May, the NGC convention met at the

Greenbrier in West Virginia. A big thank you to Rose Knight, Nancy Rana and Phyllis Byrum for an awesome convention at the Double Tree by Hilton in Hot Springs. We had great vendors, including *Just for Pearls* by Nancy McGraw, *The Accessory Garden*, *Stephens Creek Soaps*, and *The Gift Gallery*. The Fashion Show was fun as always. There are pictures on the Facebook page for you to enjoy. The Judge's Council speaker, Julie Spear, was entertaining and enlightening. If you were there, then I know you are looking forward to the Mid-Year Board Meeting in Fairfield Bay in August. You don't want to miss another fun party with great friends.

Please continue to watch the Arkansas Federation of Garden Clubs Facebook page for lots of pictures. Those parties are always fun.

May is a good time to learn about the medicinal properties of fresh herbs. One of my favorites is dandelions because my grandmother in upstate New York would always make a salad with dandelion leaves for Easter Dinner.

There are few plants as versatile and useful as the dandelion. (I can hear the groans all the way over here). The leaves can be harvested for a highly nutritious salad or for cooking greens. The roots can be roasted for a yummy coffee alternative, and the flowers make both a lovely tea and a healing oil for skin. In the garden they break up compacted soil by mining for minerals deep into the ground. The minerals are brought up to the leaves, which then decompose and add those minerals to the top layer of soil.

Another useful herb is rosemary and it's not just for cooking. Rosemary is an effective natural deodorizer and one of the top herbs used for hair care. It is often used in everyday soaps and bath gels because the scent is fresh, woody and invigorating! When you are in a slump, just rubbing a sprig of rosemary between your hands and breathing in the aroma can bring you right back to yourself! Again, it is one of the many herbs that appreciate a Mediterranean climate – mostly dry and very well-drained. Rosemary shrubs do their very best when pruned regularly.

I hope you will try some of these herbs.

Happy Gardening!

Pam



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AFGC OFFICERS

2023-2025

President
Pam Ellis

1st Vice-President
Nancy Rana

2nd Vice-President
Ann York

Secretary
Kathy Phillips

Treasurer
Sherrie Eoff

Historian
Rosie Huddleston



A fond farewell to Mary Warshauer, NGC out going President and a hardy welcome to our newly installed President, Brenda Moore.

AFGC DISTRICT DIRECTORS 2023-2025

SW District, Terri Waterman

NE District, Hallie Orr

SE District, Joann Hopper

Pulaski District, Anita Mounger

NW District, Deb Williams



Bentonville Garden Club Celebrates 75 Years of Community Beautification

—by Katie Zakrzewski

Seventy-five years ago a group of 20 local women came together and decided to help make the community more beautiful. As a result the Bentonville Garden Club was born, a group that over its history has done more than tend flowers and plant shrubbery.

Today, with 50 active members and 17 committees geared towards different endeavors and outreach, the Bentonville Garden Club supports a variety of programs. Among these are its scholarship and endowment opportunities.

The entire article may be found in "About You", May 2023 issue. Congratulations, members of Bentonville Garden Club. AFGC appreciates the difference you have made through the projects you have done. Members strive to make Bentonville the most beautiful and friendliest city in northwest Arkansas.



UP-COMING EVENTS

AFGC

Mid-Year Board

July 31-August 1

Fairfield Bay Resort

Southeast District

October 14

Southwest District

October 17

DeGray State Park

Northeast District

October 20

Forrest City Country Club

Northwest District

TBD

Pulaski District

TBD

SCR and AFGC

April 22-25

Delta Hotel, Little Rock

The past is a stepping stone, not a millstone.

— Robert Plant

“STEPPING INTO THE PAST”

AFGC Mid-Year Board Meeting

July 31 – August 1, 2023

Fairfield Bay

Hosted by Northwest District

This two-day meeting will feature a fun and educational agenda that will include an AFGC Petite Flower Show and wonderful vendors such as local artists and the well-recognized pottery work of Catalpa Lane from Ohio!

The meeting will be at the Fairfield Bay Conference Center with lodging right next door at the brand-new Cobblestone Inn and Suites. The hotel provides free breakfast, and you can even book a massage! For more information about the hotel, go to www.staycobblestone.com/ar/fairfield-bay

Bring your family and enjoy the many activities Fairfield Bay offers such as two golf clubs, bowling, marina, miniature golf, ATV rentals and more. For more information check out www.visitfairfieldbay.com.






GARDEN CLUB
of Rogers



25th Annual Plant Sale
PLANTS AND MORE PLANTS
Sherrie Eoff, Chairperson

Garden Club of Rogers had a fantastic plant sale this spring.

Need tips on planning a successful plant sale? Just talk to the members of this club.

This sale gets bigger and better every year!

Bee active!

Bee pollinators!

Bee kind!

Disposable diapers = 500 years
Wet Wipes = 100 years
Nylon fishing nets = 40 years

Glass = 4,000 years
Paper towels = 2 - 4 weeks
Cardboard = 2+ months



Plastic straws = 200 years
Batteries = 100 years



Tires = 2,000 years
Aluminum cans = 80 - 100 years
Foam cups = 50 years

**USE IT UP,
WEAR IT OUT,
MAKE IT DO,
DO WITHOUT**



AFGC OFFICERS

2023-2025

Members of Executive Committee

OFFICERS: (Members of Executive Committee)

President: Pam Ellis, Northeast District
1st Vice-President: Nancy Rana, Northwest District
2nd Vice-President: Ann York, Northwest District
Secretary: Kathy Phillips, Pulaski District
Treasurer: Sherrie Eoff, Northwest District
Historian: Rosie Huddleston, Southwest District

DISTRICT DIRECTORS: (Members of Executive Committee)

Northeast, Hallie Orr; hallie.orr123@gmail.com
Northwest, Deb Williams; debwilliamsfnp@gmail.com
Pulaski, Anita Mounger; anitamounger@gmail.com
Southeast, Joann Hopper; mail4jo40@yahoo.com
Southwest, Terri Waterman; terriafgc@gmail.com

OTHERS: (Members of Executive Committee)

Immediate Former President
Three Members-at-Large (appointed, non-voting)
Parliamentarian (appointed, non-voting)

Editor of *The Arkansas Gardener* (appointed, non-voting)

President of AFGC Judges Council (appointed, non-voting)



Sarah McReynolds of Texas Garden Clubs will serve as SCR Director

2023-2025

Nancy Rana of AFGC will serve as Recording Secretary for SCR

2023-2025

